

# Come Experience Illumination! with Constance Hart

## Color Energy Healing Circle

**Saturday, November 26th | 3:00-4:00pm**

Experience the remarkable benefits of Color Therapy and feel a positive profound shift. Every color has a message! In this circle, you'll discover what color energies you need to nourish your light body. You'll also receive personal color aromatherapy attunements to feel more harmonious. Everyone will receive exactly what they need to radiate more light! High-quality Color Aromas essential oils are shared.

*A donation is kindly requested.*

## Color Chakra Journey

**Monday, November 28th | 7:30-9:00pm**

Enjoy this simple practice of color visualization and deep breathing into your Chakras (inner energy centers) for a healing metaphysical journey. Includes energy activations with the sounds & scents of color utilizing harmonic chakra tuning forks and Color Aromas color aromatherapy.

You'll leave feeling renewed & restored! *Please kindly bring a donation.*



**Harbin Temple, by donation**

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*Instructor **Constance Hart**, is an inspiring metaphysical intuitive with over 21 years teaching experience. She is an internationally recognized visionary and created Conscious Colors, Chakra Restorative Yoga and Color Aromas. She offers transformational energy balancing sessions.*